



Food

Available until 2.30pm or until sold out

Croissants

Plain	\$4.80
w/ Strawberry Jam or Nutella	\$5.50
Almond Croissant (with almond cream inside)	\$6
Ham and Cheese	\$7

Baked Goods (see counter)

Granola	\$10
Served with almond milk OR yoghurt and berries	
*Grain free and gluten free – Paleo	

Toasted Jaffles

The Aussie – Cheese and vegemite	\$6.5
The Hammer - Ham and cheese	\$6.5
The American – Ham, cheese, American mustard	\$6.5
The Staple – Ham, cheese, tomato	\$7.5
The Chicken Club – Chicken, onion relish, cheese	\$8.5

Extras

Cheddar Cheese, Swiss Cheese, Sundried Tomato, Red Cabbage, Red Onion, Rocket Pesto, Mayo, Tomato Relish, American Mustard, Hummus	+50c
Avocado, Bacon, Chicken, Ham, Falafel	+\$1

Bagels

Bacon, Egg with Tomato Relish.	\$9
Chicken, Cheese, Avocado, Mayo.	
Roasted Pumpkin, Basil Pesto, Feta and Rocket.	

Wraps

Falafel, Hummus, Avocado, Onion Relish, Fresh Mint, Red Cabbage and Carrot Salad.	\$9.95
---	---------------

Panini (see cabinet)	\$9
-----------------------------	------------

Gourmet Pies (see counter)	\$6
-----------------------------------	------------

Cupcakes	Range	\$4.80 - \$5.50
-----------------	--------------	------------------------

See counter for our full range and availability

CUSTOM CUPCAKES/CAKES FOR ALL OCCASIONS AVAILABLE - ENQUIRE WITH STAFF



Kids Menu

Toasted Sandwiches	\$6
Cheese and Vegemite Ham and Cheese Cheese	
Kids Decorate Your Own Cupcake	\$6.5
(price is based on vanilla cupcake, price may vary if you select a different cupcake)	
KIDDIE KOFFEE	\$4.5
Warm flavoured milk, served with marshmallows Chocolate, Strawberry, Spearmint, Banana	
KIDDIE MILKSHAKE	\$4.5
Traditional milkshake Chocolate, Strawberry, Spearmint, Banana, Vanilla	
BABY CINO	\$1
<u>JUICES AND SMOOTHIE BAR</u>	
Impressed Cold Press Juice	\$5.5
Summer Greens- Spinach, pineapple, kale, apple, cucumber, mint Jack Rose- apple, lemon, strawberry, mint Sunny Side up- orange, coconut water, pineapple, passionfruit	
Berrylicious Smoothie	\$7.5
Blueberry, raspberry, banana, honey, milk *substitute for coconut water, almond milk or soy	\$1
Go Banana's Smoothie	\$7.5
Banana, milk and honey	
Summer Bliss	\$7.5
Watermelon, strawberries, coconut water and mint	
Tropical Breeze	\$7.5
Pineapple, mango and coconut water Add Passionfruit	+50c



'SHAKE IT'

Traditional Milkshakes

Chocolate, Strawberry, Spearmint, Banana, Vanilla

\$7

THE FULLY LOADED 'CUPSHAKE'

\$12

OUR SIGNATURE MILKSHAKE - 'You pick it we shake it'

Turn your favourite cupcake into a milkshake plus decorated with a second cupcake.

OTHER

ICED

Coffee, Chocolate, Chai (+ \$1.50 for cream and ice-cream)

\$5.50

SOFT DRINKS

Coke, Coke no sugar, Ginger Beer

\$3.80

Tea

Pot for 1

\$4.50

English Breakfast

Earl Grey

Darjeeling

Oolong

Jasmin Green

Lemongrass and Ginger

Peppermint

Coffee Filter

V60 – check origin and availability

\$6

Batch Brew (subject to availability)

\$4

Cold Brew

\$5

Coco Brew – ½ coconut water, ½ cold brew coffee

\$6