



Food

Available until 2.30pm or until sold out

Croissants

Plain	\$4.80
w/ Strawberry Jam or Nutella	\$5.50
Almond Croissant (with almond cream inside)	\$6
Ham and Cheese	\$7

Baked Goods (see counter)

Granola	\$10
Served with almond milk OR yoghurt and berries	
*Grain free and gluten free – Paleo	

Toasted Jaffles

The Aussie – Cheese and vegemite	\$6.5
The Hammer - Ham and cheese	\$6.5
The American – Ham, cheese, American mustard	\$6.5
The Staple – Ham, cheese, tomato	\$7.5
The Chicken Club – Chicken, onion relish, cheese	\$8.5

Extras

Cheddar Cheese, Swiss Cheese, Sundried Tomato, Red Cabbage, Red Onion, Rocket Pesto, Mayo, Tomato Relish, American Mustard, Hummus	+50c
Avocado, Bacon, Chicken, Ham, Falafel	+\$1

Bagels

Bacon, Egg with Tomato Relish.	\$9
Chicken, Cheese, Avocado, Mayo.	
Roasted Pumpkin, Basil Pesto, Feta and Rocket	
Cream Cheese bagel	\$6

Quiches (see counter)	\$5.5
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Cupcakes

See counter for our full range and availability

Range \$4.80 - \$5.50

CUSTOM CUPCAKES/CAKES FOR ALL OCCASIONS AVAILABLE - ENQUIRE WITH STAFF



Kids Menu

Toasted Sandwiches	\$6
Cheese and Vegemite Ham and Cheese Cheese	
Kids Decorate Your Own Cupcake	\$6.5
(price is based on vanilla cupcake, price may vary if you select a different cupcake)	
KIDDIE KOFFEE	\$4.5
Warm flavoured milk, served with marshmallows Chocolate, Strawberry, Spearmint, Banana	
KIDDIE MILKSHAKE	\$4.5
Traditional milkshake Chocolate, Strawberry, Spearmint, Banana, Vanilla	
BABY CINO	\$1
<u>JUICES AND SMOOTHIE BAR</u>	
Impressed Cold Press Juice	\$5.5
Summer Greens- Spinach, pineapple, kale, apple, cucumber, mint Jack Rose- apple, lemon, strawberry, mint Sunny Side up- orange, coconut water, pineapple, passionfruit	
Berrylicious Smoothie	\$7.5
Blueberry, raspberry, banana, honey, milk *substitute for coconut water, almond milk or soy	\$1
Go Banana's Smoothie	\$7.5
Banana, milk and honey	
Summer Bliss	\$7.5
Watermelon, strawberries, coconut water and mint	
Tropical Breeze	\$7.5
Pineapple, mango and coconut water Add Passionfruit	+50c



'SHAKE IT'

Traditional Milkshakes

Chocolate, Strawberry, Spearmint, Banana, Vanilla

\$7

OTHER

ICED

Coffee, Chocolate, Chai (+ \$1.50 for cream and ice-cream)

\$5.50

SOFT DRINKS

Coke, Coke no sugar, Ginger Beer

\$3.80

Tea

**Pot for 1
\$4.50**

English Breakfast

Earl Grey

Darjeeling

Oolong

Jasmin Green

Lemongrass and Ginger

Peppermint

Coffee Filter

Cold Brew

\$5

Coco Brew – ½ coconut water, ½ cold brew coffee

\$6

SPECIALS

Decorate Your Own Cupcake

\$6.50ea

DAILY SPECIALS

(Includes Small OR Medium Hot Drink)

MUFFIN \$7.50

QUICHE \$8.50

BAGEL \$12.50

GRANOLA \$13